

Action 4 Happiness

Hastings & St Leonards

It's a **Good Life...**
and it's a **GOOD WEEK**
20th-26th June

Free events, everyday, all week at:
Southwater Area Community Centre,
right next to Platform 2,
St Leonards Warrior Square Station.

Discussions ~ Homeopathy

Reiki ~ Massage ~ Films ~ Talks

Ten key ways to happier living

Come along and show us your smile!

Why not drop in for a coffee and see what's happening?



If you tweet, please tweet @AGoodWeek#Hastings#afhh

Check our website for more details:

www.actionforhastingshappiness.blogspot.com